

BEAUTY NEWS

Tips, star secrets and the best new products around...

TRIED & TESTED NAIL VARNISH REMOVER

Which remover gets our talons clean and leaves nails conditioned? Beauty assistant Octavia Walker tests them...

Elegant Touch, Super Strength Nail Polish Remover, £1.99

Although super strength, it smells innocuous. Fantastic when I was stripping nails in awkward places like on the train to work. I didn't

get a headache, or dirty looks from fellow passengers.'

9/10



Cutex Gel Formula Extra Caring Nail Polish Remover, £1.99

'New gel formula - not quite sure why, except just the look of it made me think immediately of conditioning and it did feel nice. And it didn't even hurt when I swiped it over my nibbled cuticles.'

8/10



Boots Essentials Nail Polish Remover, £1.50

'Basic cheapo polish remover. It says conditioning, but it did have a little of the paint stripper effect and my nails felt like they needed a good coat of

strengtheners afterwards.'

7/10



Sally Hansen Regular Nail Polish Remover, £1.99

'Very quick at scrubbing even dark colours off my nails, but did leave them feeling stripped.

Fine on my hardy toe claws, but too harsh for my pathetic, crumbly fingernails.'

6/10



FREEBIE CORNER

Want to give your man a Valentine's surprise he won't forget? Wax A Way has a saucy kit to shape your bikini line into a heart studded with rhinestones - and this year, love doesn't cost a thing. We've got 35 waxing sets, worth £15 each, to give away including the Shape It! kit, mini wax strips and Ingrown Terminator solution to prevent bumpy bits.

For a chance to win, answer this question
A bikini is described as how many 'pieces' of swimwear?

a) One piece b) Two piece c) 10 piece

Call 0901 490 2960 (1513 500 617 RoI), follow instructions. Or text the word WAX followed by a space and your answer (a, b or c) to 84080 (57788 RoI).

Terms and conditions 1) Lines close midnight on Weds 9 Feb 2006. Landline calls cost 50p each (60c each RoI). Text entries 50p each (7 Euros each RoI). 2) 35 winners selected at random. 3) MGN Ltd Rules apply.



LIFT THE LOOK

Get that freshly pinched cheeks look like Geri and keep on glowing all day and into the night...

● Swirl a natural powder blush, like a soft pink or apricot, over the apples of your cheeks using a big tapered brush, says make-up legend Bobbi Brown.

● Now make those cheeks really 'pop' by blending a brighter colour over the top. Try mixing *Bobbi Brown's Blushed and Nectar* shades, £16 each. For a budget alternative, *Maybelline* have some very good new blushers called *Expertwear*, £3.99.

● If you have very high cheekbones, focus the blush on the centre of your cheeks. If you have a wide or round face, concentrate blush on the outer part of the apples of your cheeks, blending up towards your hairline.



Geri does the rosy cheeked look



CELEB SPY

When the world's going to see you without your warpaint, you need to make sure your skin's up to scratch. Before going into the BB house,

Caprice, '29', booked into her fave salon Janet Ginnings (020 7499 2767) for an *Oxyjet Facial* (from £30) which blasts oxygen crystals into the skin to strip off dead cells. Aah, so that's why her face looks so smooth without slap.



Lisa Scott-Lee

TOP TIP Want a very cheap, very fast make-over? 'Create an instant new look just by changing the side you wear your parting,' says hairdresser Guy Kremer. 'I guarantee people will think you've had your hair cut.'

Words: Lynne Michelle and Octavia Walker

BEAUTY SPOT

Where: The Floresta Spa at Parque de Floresta in Portugal's Algarve

Star spot: Linda Lusardi (left), Anna Walker



Spa style: A perfect cure for the sun-starved and stressed. You chill out in the candle-lit spa at this pretty holiday village surrounded by mountains while your other half plays golf and the kids are packed off to the fun club. Now that's what we call park life.

Top treat: Guinot Cathiodermie, a relaxing 90-minute facial that uses herbal serums and an electric current - it's painless, don't worry - to leave skin radiant and younger-looking. 'My skin was really glowy and smooth afterwards, even though I'd been baking myself on the beach most of the week,' reports our tester.

Cost: A week's stay costs from £95pp (4 sharing) in low season. See www.parquedafloresta.com for latest offers. Cathiodermie costs £38.

